CONTROL OF NOISE

Control of Noise

Overview: This talk will cover: hazards, controlling noise and ear protection.

Hazards

1. Some of the following things used on site can be harmful to your hearing: grinders, lathes, compressors, breakers, circular saws, concrete mixes, chainsaws, generators, vibrating rollers and excavators etc.
2. Even if you are not using the noisy piece of equipment, you could be affected by someone using it close by.
3. Look out for noise hazard signs on site and obey them.
4. It’s not only on site that you have to remember to protect your hearing but after work also – noisy clubs, hi-fis, etc.

Controlling noise

1. Use a less noisy process if possible.
2. If shouting is necessary in order to be heard, the noise level is high and you should wear ear protectors.
4. Ensure breaker mufflers are correctly fitted.
5. Don’t keep machinery running unnecessarily.
6. Ensure you don’t expose your workmates to your noise.
7. Move the noise source away from the work area or move the work area away from the noise.
8. If possible, shield noise process. Work behind a wall or some other sound-absorbing material.

Ear protection

1. Don’t use cotton wool for ear protection, it is not effective.
2. Ensure ear plugs are a good fit and correctly inserted.
3. Regularly clean reusable ear plugs.
4. Use disposable ear plugs once only.
5. Clean your hands before touching all types of ear plugs.
6. Ear defenders should fit the head all round the seal.
7. Ensure that ear defenders are worn the correct way round.
8. Ensure defender seals are always in a serviceable condition.
9. Don’t alter pressure of ear defenders by bending the head band.
10. If you have difficulty in wearing ear defenders, report it.

Do you have any questions for me?

Questions for you
CONTROL OF NOISE

REMEMBER: PROTECT YOUR HEARING

Do you have any questions for me?

NOTE: Failure to comply with safety instructions and RAMS and COSHH Assessments may result in disciplinary actions

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By signing this register you are confirming that you attended the toolbox talk and understand the requirements for working safely and using the correct PPE to protect your hearing