

ECSS - Health and Safety Newsletter Issue 1: March 2024

Welcome

This is the first edition of our re-modelled monthly newsletter. The aim is to update all on current HSE initiatives and general workplace risks. We hope you find the newsletters useful and welcome any feedback you may have. We would also like to encourage readers to actively contribute to the newsletter by providing company updates or by sharing your good news stories across our clients.

Topic of the Month

Working at Height and the Consequences

Falls from height remain one of the most significant causes of workplace fatalities and major injuries. Sadly, recent incidents have highlighted the severe consequences of such accidents, resulting in serious injuries and even fatalities, leading to legal prosecutions.

Understanding the Law: The Work at Height Regulations 2005

The Work at Height Regulations 2005 (WAHR) aim to prevent deaths and injuries caused by falls from height. Whether you're an employer or you control work at height, these regulations apply to you. It's essential to ensure that work is properly planned, supervised, and carried out by competent individuals. This involves using appropriate equipment for working at height and assessing risks beforehand.



Your Responsibilities as an Employer

Employers and those in control of work at height must assess risks and implement appropriate safety measures. Employees also have legal duties to take reasonable care of themselves and others and cooperate with their employer's health and safety requirements. Collective measures like safety nets and personal protection measures such as fall arrest systems play crucial roles in preventing accidents.



Ladder Safety Reminder

When using ladders, ensure they are fit for purpose, used for the minimum required time, and regularly inspected. Implementing a ladder tag system can help monitor their condition effectively.

We also have an eLearning Ladder safety Course.

Useful Links for Compliance

To assist with compliance, the Health and Safety Executive (HSE) has provided guidance on working at height. Follow the links below for more information:

1. [Work at height - The law](#)
2. [Working at height: A brief guide](#)

EC Safety Solutions Updates:

Celebrating 15 Years: EC Safety Solutions Launches Inaugural Health and Safety Awards Ceremony

EC Safety Solutions were proud to host our first-ever Health and Safety Awards Ceremony. The Awards took place in the prestigious Commissioners House in the Historic Dockyard Chatham, in November.

This event was a great success and was dedicated to recognising and celebrating the remarkable achievements of our clients across various industries.

The awards served as a platform to express our appreciation for the exceptional dedication and hard work exhibited by our clients.



Alan Leigh of Baxall Construction
Winner of the
Overall H&S Champion Award



Clearwater Cleaning Kent
Winner of the
H&S local Business of the
Year Award

Continuing with the awards theme

EC Safety Solutions were the proud recipients of the **Platinum Award** for [The Medway Healthy Workplace Programme](#) for Our commitment to investing in the health and wellbeing of our team and the wider community has been recognised.

EC Safety Solutions have been awarded the **Defence Recognition Scheme Silver Award** for our continued support of the [Armed Forces Covenant](#). The Defence Employer Recognition Scheme (ERS) encourages employers to support defence and inspire other organisations to do the same.

[Sign the Armed Forces Covenant and make your pledge](#)



We carried out the following training for various clients in Jan - Feb and have courses with vacancies for the next 3 months

- 8 x IOSH safety, health and environment for construction workers training course (needed for the CSCS card)
- 6 x Emergency First Aid at Work
- 2 x Fire Warden Courses
- 6 x Manual Handling Courses
- 25 x Face Fit Testing

If you want to book a course, follow the link to our home page and select your training: <http://www.ecsafetysolutions.com>

In the News

1. [Two companies fined after a worker suffers serious injuries in a fall](#)
2. [Company and director sentenced after worker fractures arm and leg](#)
3. [HSE Month in Review](#)

DON'T FORGET WE ARE "YOUR" SAFETY ADVISORS AND HERE FOR YOU AT ALL TIMES

www.ecsafetysolutions.com