

# Health and Safety Newsletter Issue 6: Dec 18

## Welcome:

Welcome to the 6<sup>th</sup> edition of our newsletter. It has been a busy period for us over the last 2 months and we are pleased to announce that we have won 2 awards through the HR and Corporate Vision Magazine.

### 1. Best H&S Consultancy England

### 2. Best H&S Hazard Identification and Risk Assessors UK

The awards were gained through selection of a panel of judges, review of our services and website and through customer contact.

*We set a vision for the delivery of a great service and it is paying off.*

**Topic of the Month: Winter Conditions.** It's the that time of year when we should start planning for working in inclement weather

### Ice, Frost and Snowy Conditions

To reduce the risk of slips on ice, frost or snow, we should be considering the risk and put in a system to manage it.

Ensure that all entrances and footpaths are free of snow and ice



Look at your building entrances, car parks, pedestrian walkways, shortcuts, sloped areas and areas constantly in the shade or wet and **act** to reduce the risks whenever freezing temperatures are forecast.

Implement a procedure to prevent an icy surface forming and inform staff about the importance dressing appropriately and reporting safety issues. Use grit or similar, on areas prone to be slippery in frosty, icy conditions; Divert pedestrians to less slippery walkways and barrier off existing ones.

### Drinking/Drugs and Driving:

**These are not compatible so don't do it. Don't risk your licence or your life**



Not just your licence, maybe your life, definitely your job!!

### Winter Driving

#### Prepare your vehicle

It's a good idea to have the vehicles fully serviced before winter starts and have the anti-freeze tested. If you can't have it serviced, then do your own checks.

#### In particular, check:

1. Lights are clean and working
2. That the battery is fully charged
3. That the windscreen, wiper blades and other windows are clean, and the washer bottle filled with screen wash
4. That you have a flashlight/torch
5. That you have a blanket in the car
6. Carry water and maybe some snacks
7. Tyre condition, tread depth and pressure (of all the tyres, including the spare)
8. That the brakes are working well
9. That the Fluids are kept topped up, especially windscreen wash (to the correct concentration to prevent it freezing), anti-freeze and oil

#### Useful Links:

1. [www.theaa.com/driving-advice/seasonal/winter-checklist](http://www.theaa.com/driving-advice/seasonal/winter-checklist)
2. [www.hse.gov.uk/logistics/slips-trips-bad-weather.htm](http://www.hse.gov.uk/logistics/slips-trips-bad-weather.htm)

## Member Contributions

**Unfortunately, it's that time of year when everyone is either really busy or preparing for Christmas, so this month there is no client contribution. But it does give us the chance to wish you all a Very Happy Christmas and a Safe Prosperous New Year**



### EC Safety Solutions Updates

This month we have completed 35 Construction site inspections and 19 Office and Workplace compliance audits

We also carried out the following training for various clients and have similar courses with vacancies for the next 3 months

- 9 x IOSH Working Safely for the CSCS card
- 3 x First Aid at Work,
- 4 x Working at Height
- 8 x Manual Handling
- 3 x COSHH Awareness
- 12 x eLearning

If you want to book a course, follow the link to our home page and select your training: <http://www.ecsafetysolutions.com>

***(Remember we also offer e-learning and client discounts)***

We would like to welcome the following new clients and look forward to helping them to provide a safe place of work:

1. 1<sup>st</sup> Industrial & Commercial Services
2. Coldrum Group (Construction)

### Helping in the community

1. We are proud to be continuing our support to a locally based community project. The Community project helps local young and homeless people and they are intent on fighting poverty, unemployment and disadvantages in Strood.
2. We are now assisting a local youth opportunity company by delivering the training for the CSCS card to help them gain work

### In the News

1. [Steel Fabricators Prosecuted Over Multiple Fractures](#)
2. [Three companies fined after security guard killed](#)
3. [Construction company fined after worker falls from height](#)



**DON'T FORGET WE ARE "YOUR" SAFETY ADVISORS AND HERE FOR YOU AT ALL TIMES**

[www.ecsafetysolutions.com](http://www.ecsafetysolutions.com)